

**Declared a Major?
Still trying to decide?
Either way,
we can help!**

**Don't make the mistake of
choosing your major and minor
before figuring out which career
paths are best suited to your
personality and interests.**

**Read on to see how we can help
you be successful and also....**

Love What You Do!



**Amica Center for
Career Education**

Bryant University

**All students are
welcome to join
us for:**

**Career
Planning
101**

**Check out our
session descriptions
inside!**

**Career Planning 101
is what you need to
move you to the next
level of career
success!**



Career Planning 101

Takes you through 5 interactive sessions designed to help you discover where you would be most happy in the world of work. You will discover what resources you have available to you during your time at Bryant that will help you attain your career goals.

Session 1:

Overview of the Career Center

This session provides you with a complete overview of our services. You will get a tour of the Center and meet our staff to help you know who you should be connecting with for the different services we provide. You will also be given the Myers-Briggs, Strong Interest Inventory and Career Leader Assessment: 3 assessments measuring your personality and career interests.

Session 2:

Discovering Your Work Values

Prioritizing the aspects of the work place that are important to you is what this session is all about. Sometimes we make career decisions without really considering what we value most about our work and our personal life. You may be surprised at what values you have been basing your career decisions on and what you actually discover are the most important priorities for you!

Session 3:

Skill Building

This session will review the traditional skills employers look for and new skills for the future of the work place that you will need to give you an advantage. You will also have the opportunity to assess your own skills to see where your strengths are and what you may need to develop. This session will also give you information on creating or fine-tuning your resume and creating a cover letter.

Session 4:

Assessing Your Personality & Career Interests

Here's where we interpret the results of your career assessments and also look at other types of information you have gathered between classes. You will get an idea of what careers would be best for you and what majors will help make that career a reality.



Session 5:

Experiential Career Exploration

In addition to exploring careers through the web and book resources, you should put some time aside to create some experiences for yourself that are "hands-on".

At this last session, you will be introduced to the following programs and resources:

[Academic Internship Program](#)

[Shadow Program](#)

[Bryant Alumni Career Link](#)

*3 Sessions are available!
Choose the one that fits your
schedule:*

***Mondays, Tuesdays or Wednesdays
3:30pm-4:30pm starting on
September 21, 22 or 23***

3 ways to sign-up !

- 1. Stop in the Career Center:***
*first floor Unistructure,
across from Financial Aid.*
- 2. Call: 232-6090***
- 3. E-mail us at:***
*careers@bryant.edu with the
following information:
Your name, class year,
phone number or extension and
the section you want.*

See you in September!