



Just in Case....Be Prepared!

In the event you need to isolate or quarantine while on campus, please prepare and bring a “Go Bag” that you can grab from your room and will provide what you need for 14 days.

Students who are away from their room and discover they need to isolate or quarantine will be able to make **ONE TRIP** back to their room to grab their “Go Bag”

What to Pack

Here are some suggestions of what to include in your “Go Bag”

- Toiletry Items: toothbrush, toothpaste, floss, deodorant, contact lenses, contact solution, glasses, retainer, shampoo, conditioner, body wash, soap, hair ties, lotion, feminine products, hair brush and comb, etc.
- Undergarments: underwear, socks, bras
- Clothing: pajamas, t-shirts, leggings, sweatpants, hoodies
- Flip Flops, slides, slip-on-shoes and slippers
- Pillow
- Prescriptions and other daily medications, over the counter medications and vitamins
- Identification, wallet, medical card, credit card
- Phone with charging cord and plug
- Computer and charger
- Headphones
- Power strip
- Thermometer
- Tissues
- Hand sanitizer
- Face masks

The University will provide you with linens, towels, cleaning supplies and will deliver your meals.