Make a successful culture transition and build a foundation for a fulfilling college experience.

**SOPHOMORE YEAR**

**CULTURE INVERSION**
- Expand your self-awareness and broaden your involvement in University-wide programs and activities.
- Participate in Bryant’s Spring Break trips.
- Continue to explore communities outside of Bryant through community service and professional sports, concerts, or other events of your interest.
- Make a specific plan for a healthy lifestyle.
- Recognize your own cultural stereotypes.
- Consider taking part in 4MILE as a Peer Counselor to promote cultural immersion for international students.

**ACADEMIC SUCCESS**
- If you plan to apply for graduate school, start meeting with your professors during office hours.
- Meet with your academic support contact to monitor your academic achievement.
- Develop relationships with professors in your field of interest.
- Share your culture in a formal setting.
- Reevaluate the people with whom you engage in non-academic conversations.
- Reevaluate living arrangements with friends.

**SOCIAL NETWORKING**
- Experience an important American holiday.
- Attend Career Fairs at Bryant.
- Use the BCC (Bryant Career Connection) to meet friends from around the world.
- Finalize your résumé and learn how to write a cover letter that presents you well.
- Network with Bryant alumni in the industry.

**CAREER PREPARATION**
- Understand all legal requirements of the F-1 visa for international students.
- Visit and meet with staff at the Office of International Students and Scholars (OISS) to learn about F-1 visa requirements and Bryant International Students and Scholars (OISS) to support services to improve and sustain your academic achievement.
- Fully understand the legal requirements of OPT & H1B Visa by visiting OISS.
- Attend Career Fairs at Bryant.
- Participate in job fairs and other career development activities.
- Search for an internship during your junior year.
- Update and finalize your résumé and cover letter.
- Use that list to connect with companies and one staff member who will become a mentor for you.
- Participate in the alumni SHADOW program, a course offered by the Amica Center for Preparing for Standard Tests (GMAT, GRE, etc.) and Graduate School Applications.

**JUNIOR YEAR**

**CULTURE INVERSION**
- Continue to engage in activities that make you proud.
- Experience an important American holiday.
- Attend and participate in University-wide programs and activities.
- Continue to save noteworthy projects, continuing to explore communities outside of Bryant through community service.
- Share your culture in a formal setting.
- Reevaluate living arrangements with friends.

**ACADEMIC SUCCESS**
- If you plan to apply for graduate school, start meeting with your professors during office hours.
- Meet with your academic support contact to monitor your academic achievement.
- Develop relationships with professors in your field of interest.
- Share your culture in a formal setting.
- Reevaluate the people with whom you engage in non-academic conversations.
- Reevaluate living arrangements with friends.

**SOCIAL NETWORKING**
- Experience an important American holiday.
- Attend Career Fairs at Bryant.
- Use the BCC (Bryant Career Connection) to meet friends from around the world.
- Finalize your résumé and learn how to write a cover letter that presents you well.
- Network with Bryant alumni in the industry.

**CAREER PREPARATION**
- Understand all legal requirements of the F-1 visa for international students.
- Visit and meet with staff at the Office of International Students and Scholars (OISS) to learn about F-1 visa requirements and Bryant International Students and Scholars (OISS) to support services to improve and sustain your academic achievement.
- Fully understand the legal requirements of OPT & H1B Visa by visiting OISS.
- Attend Career Fairs at Bryant.
- Participate in job fairs and other career development activities.
- Search for an internship during your junior year.
- Update and finalize your résumé and cover letter.
- Use that list to connect with companies and one staff member who will become a mentor for you.
- Participate in the alumni SHADOW program, a course offered by the Amica Center for Preparing for Standard Tests (GMAT, GRE, etc.) and Graduate School Applications.

**SENIOR YEAR**

**CULTURE INVERSION**
- Complete your degree requirements and be fully prepared for your post-Bryant endeavors as a successful Bryant graduate.
- As you think about the next part of your journey, connect with peers who can serve as a reference to your learning style is, how to become an intellectual well-being.
- Finalize your résumé and learn how to write a cover letter that presents you well.
- Network with Bryant alumni in the industry.
- Search for an internship during your junior year.
- Update and finalize your résumé and cover letter.
- Use that list to connect with companies and one staff member who will become a mentor for you.
- Participate in the alumni SHADOW program, a course offered by the Amica Center for Preparing for Standard Tests (GMAT, GRE, etc.) and Graduate School Applications.